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PANY Syllabus for Fellowship in Psychoanalysis

* **Seminar #1- What is Psychoanalysis?**

**Blum, L.** (2014) Why I Love Psychoanalysis and You Might Too, The Magic of Psychoanalysis is in how it happens. *Psychology Today, May 5,2014*

**Freud, S.** (1912) “ Recommendations to Physicians Practicing Psychoanalysis. “ S.E. Vol. XII: Papers on Technique and Other Works, 109-120.

* **Seminar #2- Listening to the Unconscious ( Topographic Theory/Technique)**

**Freud, S. (1905)** “Fragment of an Analysis of a Case of Hysteria.” S.E., Vol. VII, pp. 1-122.

Read Prefatory Remarks, The Clinical Picture, and The First Dream.

* **Seminar #3- Unconscious Conflict (The Role of Insight based on the Structural Theory)**

**Arlow, J.A. (1969) “** Unconscious Fantasy and Disturbances of Conscious Experience”. Psychoanal. Q., #38: 1027 (PDF pp 1-12.)

**Freud, A.** (1966). Chpt.4. “ The Mechanisms of Defense”. In The Ego and the Mechanisms of Defense. 1966.

* **Seminar #4- The Object and Object Relations in Psychoanalysis**

**Winnicott, D.W.** (1949) “ Hate in the Countertransference”. Int. J. Psychoanal., 30:69-74.

**Freud, S. (1917) “** Mourning and Melancholia” S.E. Vol. XIV. ( Option to read the whole paper or a summary which will be provided)

* **Seminar #5- Transference and Resistance**

**Grosz, S.** (2013). “ On being a patient” *The Examined Life: How We Lose and Find Ourselves,* 167-178.

**Blum, H. (1982).** “ The Transference if Psychoanalysis and Psychotherapy: Points of View Past and Present, Inside and Outside the Transference”. The Annual of Psychoanalysis, 10: pp. 117-137.

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PANY Syllabus for Fellowship in Psychoanalysis *continued*

* **Seminar # 6- Countertransference ( The Value of Personal Analysis or Psychotherapy)**

**Jacobs, T. (1986). “**On Countertransference Enactments.” JAPA, 34: pp. 289-307.

Additional optional reading

**Novice, J. Novice, K.K. (2000). Love in the Therapeutic Alliance. J. Amer. psychoanal. Assn., 48:189-218.**

* **Seminar #7- Analytic Consultation and Beginning an Analysis)**

***A Senior candidate will present material from an analysis the next two sessions.***

**Rothstein,A. (1994)** “ A Perspective on Doing a Consultation and Making a Recommendation of Analysis to a Prospective Analysand”. Psychoanal. Q. 63: pp. 680-695.

* **Seminar #8- Analytic Process**

**Freud, S.(1911-13).** “ Remembering, Repeating, and Working Through”(Further Recommendations on the Technique of Psycho-Analysis II”. S.E. Vol. XII. pp.-145-156.

* **Seminar #9- Therapeutic Action (How Does Psychoanalysis Work?)**

**Arlow, J.A.(1979). “** The Genesis of Interpretation”. JAPA Vol. 27:, pp. 193-207.

* **Seminar # 10- Future Directions: The Value of Incorporating an Analytic Identity.**

**Jacobs, T.** “ The Possible Profession”, Intro. Pp. 1-20.

**Solms, M. (2018). “ The scientific standing of psychoanalysis”. British J. Psychoanalysis Int. Vol. 15. #1 pp. 5-8.**